

# A Forum on Restraints & Seclusion: Best Practices to Improve Patient Safety

**October 18, 2001, 7:30am-4pm**  
Massachusetts Medical Society  
Waltham Woods Conference Center  
Waltham, MA

**November 28, 2001, 7:30am-4pm**  
University of Massachusetts  
Hoagland-Pincus Conference Center  
Shrewsbury, MA

## AGENDA

### **7:30am Registration/Continental Breakfast**

### **8:00am Welcoming Remarks**

**John Noble, M.D.**, Chair, Joint Commission on the Accreditation of Healthcare Organizations, Co-Chair, Massachusetts Coalition for the Prevention of Medical Errors  
Director, Center for Primary Care, Boston Medical Center

### **8:15am Introduction of the Coalition's Restraint & Seclusion Best Practices**

**John Fromson, M.D.**, Vice President for Professional Development, Massachusetts Medical Society

### **8:30am Restraint & Seclusion Case Studies**

Moderator: **Leslie Kirle, MPH**, Massachusetts Hospital Association  
Panelists: **Peggy Leoni**, Centers for Medicare and Medicaid Services, Region I (previously HCFA),  
**Richard Croteau, M.D.**, JCAHO  
**Nancy Ridley, MS.**, Massachusetts Department of Public Health  
**Michael Weeks**, Massachusetts Department of Mental Health

### **9:15am Success Stories in Reducing Restraint & Seclusion**

Moderator: **Paula Griswold, MS.**, Massachusetts Coalition for the Prevention of Medical Errors  
Panelists: Acute – Med/Surg, **Cheryl Merrill, M.S.N., R.N.**, Boston Medical Center  
Acute – Emergency, **Bruce Auerbach, M.D.**, Sturdy Memorial Hospital  
Children's hospitals/units, **Tedi Hughes, MS, R.N., CS.**, New England Medical Center

### **10:00am Networking Break**

**10:15am** Psychiatric Hospitals, **Michael Tarmey, MS.**, Bayridge Hospital  
Long Term Care Facilities, **Zoe Long**, Life Care Centers of America

### **11:15am Innovative Practices and Lessons Learned**

**Nan Stromberg, MS., R.N., CS**, Massachusetts Department of Mental Health  
**Janice LeBel, Ph.D.**, Massachusetts Department of Mental Health

### **12:00 noon Lunch**

**12:30pm Breakout Sessions - Implementing a Successful Restraint Reduction Program**  
(choose one)

**A) Acute Care – Medical/Surgical Floors**

**Facilitator:** John Fromson, M.D., Massachusetts Medical Society

Cheryl Merrill, M.S.N., R.N., Boston Medical Center

Nina Rauscher, MS., R.N., C, ONC, CRRN, North Shore Medical Center

**B) Acute Care – Emergency Departments**

**Facilitator:** Effie Pappas Brickman, MPA/H, Massachusetts Coalition for the Prevention of Medical Errors

Maureen McMahon, MS., R.N., Boston Medical Center

**C) Children’s Hospitals – including Pediatric Floors in Acute Hospitals**

**Facilitator:** Tedi Hughes, MS, R.N., CS., New England Medical Center

**D) Psychiatric Facilities – including Psychiatric Floors in Acute Hospitals**

**Facilitator:** Mary Anna Sullivan, M.D., Lahey Clinic

Jeffrey Simmons, M.D., Tewksbury Hospital

Paul Plasky, M.D., Ph.D., McLean Hospital

Michael Tarmey, MS., Bayridge Hospital

**E) Long-term Care Facilities**

**Facilitator:** Paul DiNatale, MSW, M.A., Massachusetts Department of Public Health

Zoe Long, Life Care Centers of America

Melanie Rand, R.N., L.N.C., Catholic Memorial Home

**2:00pm Networking Break**

**2:15pm Fall Prevention**

Peter Johnson, M.D., Life Care Centers of America

Linda Colleton, RN, BSN

Ellen Levinson

Maria Gray, Lahey Clinic

Nat Butler, M.B.A., MSW, Massachusetts Department of Medical Assistance

**3:00pm Closing Remarks – Breakout Session Feedback and Next Steps**

Paula Griswold

**3:30pm Adjourn**